

Richmond Hill Montessori

August 2024 Lunch Menu

	Week 1	Week 2	Week 3	Week 4
Monday	Breakfast: Yogurt Lunch: Vegetable Fried Rice Spring Rolls Blueberries Milk/Water	Breakfast: Waffles Lunch: French Toast Green Beans Mixed Fruit Milk/water	Breakfast: Pancakes Lunch: Cheese Quesadilla Veggie Straws Pineapple Milk/Water	Breakfast: Cereal Lunch: Mini Turkey Corn Dogs/Veggie Patty Broccoli Mixed Fruit Milk/Water
Tuesday	Breakfast: Pancakes Lunch: Pizza Rolls Beans Peaches Milk/Water	Breakfast: Cereal Lunch: Chicken Nuggets/Veggie Nuggets Broccoli Apple Sauce Water/Milk	Breakfast: Yogurt Lunch: Mini Turkey Corn Dogs/Bosco Sticks Green Beans Mixed Fruits Milk/Water	Breakfast: Waffles Lunch: French Toast Sticks Corn Oranges Milk/Water
Wednesday	Breakfast: Waffles Lunch: Bosco Sticks Carrot Slices Pineapple Milk/Water	Breakfast: Yogurt Lunch: Fish Sticks/Bosco Sticks Veggie Straws Blueberries Water/Milk	Breakfast: Pan cakes Lunch: Mac & Cheese Peaches Corn Milk/Water	Breakfast: Yogurt Lunch: Turkey/Cheese Sandwich Peas Peaches Milk/Water
Thursday	Breakfast: Pancakes Lunch: Chicken Nuggets Corn Apple Sauce Water/Milk	Breakfast: Yogurt Lunch: Turkey Meatballs w/Marinara Sauce Corn Oranges Water/Milk	Breakfast: Cereal Lunch: Pizza Rolls Broccoli Oranges Milk/Water	Breakfast: Waffles Lunch: Tortilla w/ cheese slices Mixed Vegetables Blueberries Milk/Water
Friday	Breakfast: Yogurt Lunch: Chicken/ Cheese Sandwich Green Peas Mixed Fruit Water/Milk	Breakfast: Cereal Lunch: Mac & Cheese Peas Peaches Milk/Water	Breakfast: Waffles Lunch: Chicken Nuggets Peas Blueberries Milk/Water	Breakfast: Pan cakes Lunch: Cheese Quesadilla Veggie Straws Apple Sauce Milk/Water